



**2021 FESTIVAL
10-16 MAY**

LONELINESS



**NI MENTAL
HEALTH ARTS
FESTIVAL**

**'LONELINESS'
10-16 MAY 2021
NIMHAF.ORG**

AT A GLANCE

THROUGHOUT THE FESTIVAL

WEE NULZ: 'LONELINESS STREET ART'

**RUAIRI FALLON MCGUIGAN:
'FENTANYL DREAMS AND PILLS FOR BREAKFAST'**

CHAD ALEXANDER: 'MOON AND BRANCHES'

**DAMO LAUGHLIN & AUTUMNS:
'CONVERSATION LOZENGES'**

LEO LARDIE: 'LONELINESS'

**ELSPETH VISCHER AND AIDAN VISCHER
'A MESSAGE TO DARKNESS' PREMIERE**

THOMAS WELLS: '7 CARD BRAG'

**HEATHER DORNAN: 'WHEN I'M ALONE... AT LEAST
I'D RATHER BE ALONE WITH THE SKY' PREMIERE**



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**RODGER MONTGOMERY & ELEANOR STEANE:
'MUSIC-LED YOGA PRACTICE'**

**BRAIN INJURY MATTERS @ BELFAST EXPOSED:
'LOOKING THROUGH OUR EYES' EXHIBITION**

**BRAIN INJURY MATTERS @ ARTS FOR ALL:
'UNEXPECTED HAPPENINGS' EXHIBITION**

**BRAIN INJURY MATTERS:
'LET YOUR IMAGINATION FLOW' PREMIERE**

**NOELLE MCALINDEN: 'THE ART OF CONVERSATION
MENTAL HEALTH SPECIAL'**

KIERAN STEWART: 'LONELINESS'

**STRABANE MEN'S PROJECT:
MUSIC TO YOUR EARS**



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DOCUMENTA: 'SILVERWOOD' PREMIERE

COLM LAVERTY INTERVIEW

EMER MAGUIRE SPECIAL

OPEN CALL: POETRY

WINNING SUBMISSIONS AND POETRY MAP

OPEN CALL: 'LONELINESS' ONLINE EXHIBITION

OPEN CALL:

'LONEINESS' YOUTUBE & SPOTIFY PLAYLIST



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ANUSHIYA SUNDARALINGAM: 'TANIMAI I'

SABI NICHOLSON: 'AVOIDANCE'

**MAIDEN VOYAGE DANCE:
'OUTSIDE MY WINDOW, INSIDE MY HOUSE'**

CHRISTOPHER STEENSON: 'FIELD WALK 040121'

PADDY MCKEOWN: 'HARMONICS'

JOSEPH NAWAZ: 'LONELINESS'

HELEN HALL: 'A MOMENT ALONE'

CLARE MCQUILLAN: 'WILD SUPER CHAMP PIE'

EG DUNNE: 'INVISIBLE'

SAL HANVEY: 'KIDS COOKALONG'



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**CATHAL CULLY:
'YOU DO NOT KNOW WHAT YOU HAVE MISSED'.**

**MICHAEL HANNA:
'NECESSARY GENERALISTIONS FOR A UTOPIAN'.**

RO OWENS & CIARAN FLYNN: 'ONE' PREMIERE

CHERYL BLEAKLEY: 'THE CLEARING' PREMIERE

CATHY SCULLION: 'SOUND OF SILENCE' PREMIERE

**RUTH CROTHERS: 'THE DISTANCE MIGHT AS WELL
BE FROM HERE TO MARS'**

**JACQUELINE WYLIE: 'THE GROUND BETWEEN US'
/ 'LIFE GOES ON' EXHIBITIONS**

**TRISHA MCNALLY:
'MINI MINDFUL GARDEN' WORKSHOP**



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TIMED EVENTS

**MONDAY 10 MAY 19:00
SABI NICHOLSON/DUBLIN DIGITAL RADIO:
'SUBSTRATA'**

**MONDAY 10 MAY 20:00
FIGURE THIS: 'LIFE DRAWING' LIVE STREAM**

**TUESDAY 11 MAY 19:00
RUTH BATE: 'PAINTING WITH RUTH BATE -
LIVE PAINTING ON INSTAGRAM' @NIMHAFEST**

**THURSDAY 13 MAY ALL DAY
SPARK OPERA: 'BIG MOOD' @NIMHAFEST
INTERACTIVE INSTAGRAM TAKEOVER**

**FRIDAY 14 MAY 15:00
CONNIE MCGRATH:
'KITCHEN CUPBOARD MAKE-UP FX WORKSHOP'**



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TIMED EVENTS

**FRIDAY 14 MAY @NIMHAFEST
JACQUELINE WYLIE INSTAGRAM TAKEOVER**

**FRIDAY 14 MAY 21:00
FEARS: 'OÍCHE' ALBUM LAUNCH PARTY**

**SUNDAY 16 MAY 20:00
MINDS: FESTIVAL PARTY DJS LIVE STREAM**

**SUNDAY 16 MAY ALL DAY
ÁINE STAPLETON: HORRIBLE CREATURE PREMIERE**



**Mental Health
Foundation**

**The Baring
Foundation**



LOTTERY FUNDED