

NI MENTAL HEALTH
ARTS FESTIVAL

AT A GLANCE
GUIDE



SWIPE TO
BEGIN



THROUGHOUT THE FESTIVAL

9TH - 15TH MAY

**'Scratchings, Abstractions,
Stabs in the Dark'**
Dame Scrawls
The Strand Arts Centre

'Baggage'
Anna Donovan
The Drying Room Gallery,
Conway Mill

'Seen to be Heard'
Jennifer Willis
Belfast Exposed

'Gather'
Hayley Gault
Larne Museum & Arts Centre

'Tribes and Tribulations'
Helen Merrigan Colfer
Island Arts Centre

'Fools Spring (in Berlin)'
Niamh Roberts
CCA Project Space

'together'
Jonny McEwen
Banana Block

'Gather'
Kerrie Hanna & Inter-Ethnic
Forum
Braid Arts Centre

'Control Room'
Phil Keers & Katherine Paisley
Platform Arts

'A Piece Of Me'
Brain Injury Matters
Arts 4 All



ONLINE

WWW.NIMHAF.ORG

'Hydro'
Colin Dardis

'Quiet'
Jonathan Bailie

'The Quiet Land'
Phil Keiran

'The Art of Conversation'
Noelle McAlinden

'Roonivoolin (unnamed road)'
Hive Choir, Johanna Leech, Barry Cullen, Cathaoir Cassidy

'As You Are'
Emic

'Manifesto of Wild Research'
Jasmin Marker

'Rule Driven Shape Version 5'
John Macormick

'Gather Playlist'
Rachel Reid-McCann



ONLINE

'Gather Your Senses Through Food' Workshop
Sal Hanvey

'Spring Butterfly and Nature Weaving'
Sinead Crumlsh

'Printing Fabric Patches' Workshop
Strangford Prints

'Spontaneity Moves'
Jack Packenham in Conversation with Elspeth Vischer

Art pack
Vold Gallery

'Diddley Bow Workshop'
Barry Cullen

'JACK'
John Deery

'Drawing With Found Objects' Workshop
Heather Byrne

'I Too Walked'
Sinead O'Neill McNicholl

'Mindful Mark Making' Workshop
Ruth Osborne





ONLINE

'Gather'
Holly Foksett

'Gathering'
John Blair

'Gather'
Paul Butterfield Junior

'The Saul Yushie Museum'
Paul Doran

'Gather'
Petra Dominova



'Carageen and Wild Sorrel Pudding'
Phillip McCrilly

'What If We Are Good'
Rebekah McCabe

'Gather'
Tony Moore

'Gather'
Trina Hobson

'Everyday Drawing for Mindfulness'
Stephanie Gaumond

EVENTS

'Silver Tongued Deviance'

Void Derry

11th May

6:30-8pm

'The Enthusiasts Choir'

The Mac Cafe

11th May

2:15pm-3pm

'Creative Miniature Gardening'

Hosford Project

Skaines Centre

12th May

11am-1pm

'Figure This Life Drawing'

Accidental theatre

14th May

7-9pm

'Fool's Spring (in Berlin)'

Workshop

CCA Derry/Londonderry

14th May

6pm - 7.30pm

'Drink More Water'

Dublin Digital Radio

12th May

11am-12pm

'Jump Jiggle and Jive'

Banana Block

14th May

10:30am-11:30am

EVENTS

'The Power of Arts Advocacy & Activism on Our Mental Health'
Belfast Exposed

12th May
6pm - 7:30pm

In Conversation with
Dan Dowling RUA

RUA Headquarters
11th May
12pm-1pm

'The Kitchen Table'
Creative Writing Workshop
with Mel Bradley

Void Derry
10th & 13th May

**'Explorative Drawing :
Creating an Image'**
with Zoe McSparron

Void Derry
12th May

'Emotions' Workshop
for Children
The Strand Arts Centre

14th May
2pm-3pm

Artist Talk: Damo Scrawls
The Strand Arts Centre

13th May
7pm- 8pm

"Trolls"
The Strand Arts Centre

14th May
12:30pm-2:30pm

EVENTS



'Sound Bath'
with Tessa Ann
Island Arts Centre
14th May
10.30am-12pm

'Drawing Buildings'
with Marcus Patton
Ormeau Library
10th May
11am -1pm

'I Hope This Finds You Well'
Flax Arts Project Space
10th May
6-9pm

'Half Way Out of The Dark'
Artist Discussion
Flax Arts Project Space
15th May
2pm-3:30pm

Seamus Heaney Centre
Presents 'Mind'
Crescent Arts Centre
12th May
7pm-9pm

Saturday Family Workshop
Void Derry
14th May
11am-5pm

Void Tots
Void Derry
13th May
10:30am & 11:30am

EVENTS



'Photography Treasure Hunt'

Belfast Exposed

14th May

1:30-5:30pm

Artist Talk:
Helen Merrigan Colfer

Island Arts Centre

14th May

11:30am & 2pm

Artist Talk:
Anna Donovan

The Drying Room Gallery

Conway Mill

14th May

2pm

Sunflower Comedy Club

The Sunflower Bar

11th May

7:30pm -10pm

Seefin

The Strand Arts Centre

13th May

8pm-10pm

Artist Talk:
Jonny McEwen

Banana Block

15th May

2pm-3pm